



# RAJAB A'MAAL TRACKER

DAILY A'MAAL 6  
RECITE 35 TIMES  
SALAWAAT

M	T	W	T	F	S	S
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## WEEKLY A'MAAL

WEEK 1 2 3 4

FAST EVERY MONDAY

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

FAST EVERY THURSDAY

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

DUA-E-KUMAIL ON THURSDAY NIGHTS

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

ZIYARAT-E-WARITHA ON THURSDAY NIGHTS

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

RECITE 100 TIMES SURAH TAWHID ON FRIDAYS

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------

## MONTHLY A'MAAL ACTIONS

FAST ON THE FIRST OF RAJAB

RECITE ZIYARAT-E- WARITHA ON 1ST NIGHT AND DAY OF RAJAB

FAST ON FIRST THURSDAY OF RAJAB

PERFORM A'MAAL OF LAYLATUL RAGHAIB ON 1ST THURSDAY

FAST ON 13TH, 14TH AND 15TH DAY OF RAJAB

RECITE ZIYARAT-E- WARITHA ON 15TH NIGHT + DAY OF RAJAB

FAST ON 27TH OF RAJAB (MAB'ATH & ME'RAJ DAY)

PERFORM GHUSL ON 1ST, 15TH AND LAST DAYS OF RAJAB

FAST ON THE LAST DAY OF RAJAB

RECITE NAMAAZ-E-SHAB AS MUCH AS POSSIBLE (MIN. 5 TIMES)



## SELF ASSESSMENT

1 POINT FOR EACH DAILY ACT

2 POINTS FOR EACH WEEKLY ACT

5 POINTS FOR EACH MONTHLY ACT