

Approximately  
one-third of Ontarians  
with diabetes  
do not receive retinal  
screening

Screenings are FREE and held at locations  
across Toronto:

- Anishnawbe Health Toronto
- Flemingdon Health Centre
- Parkdale Community Health Centre
- LAMP Community Health Centre
- Scarborough Academic Family Health Team
- South Riverdale Community Health Centre
- Unison Health and Community Services

For primary care providers who are a part of a FHT, referrals to Teleophthalmology are a viable way of meeting the retinal screening element required for billing the annual Diabetes Management Incentive.

For primary care physicians or nurse practitioners referrals to Teleophthalmology may be billed under Physician to physician e consultation- referring physician.

Call us at : 416.461.2493

Email: [eye@srhc.ca](mailto:eye@srhc.ca)

[www.eyescreening.ca](http://www.eyescreening.ca)

# Diabetes Eye Screening Program

Program is  
FREE and  
offered in  
more than  
10 locations

A Program of



South Riverdale  
COMMUNITY  
HEALTH CENTRE

## Why retinal screening?

Retinopathy is complication of diabetes that is highly preventable through annual examination and retinal screenings.

Screening can prevent blindness in up to 90% of those affected, if diabetic retinopathy is detected and treated in a timely manner.

## Is eye screening free?

Yes, it is covered under OHIP. Those without OHIP can also be screened.

## Who is eligible?

Patients who meet the following criteria are eligible for this service:

- Diagnoses of Diabetes and,
- Referral from physician or nurse practitioner and,
- Have not had an eye exam that involves dilation of pupils within the past year.

## What happen after the images are taken?

The images are sent securely via Ontario Telemedicine Network to retina specialist, who reviews the images, provides a diagnosis and recommendation on follow-up, if required.

A report will be faxed to the primary provider, to release the results to the patient.

## What additional support are there?

**Diabetes Eye Programs staff can help to connect patients that may require further follow up or on-going care to ophthalmology and optometrist within their community. Staff check in every 1-2 years to support routine screening.**

## How does it work?

**Upon receiving a referral from the family physician or nurse practitioner, our staff will book the client at the site most convenient for them. The eye screening is done in three steps.**

### STEP 1

A visual acuity exam is done using a Snellen eye chart. It is important that the patient bring their glasses or contacts with them to the exam.

### STEP 2

**A numbing eye drop is given and a ton open is used to measure intraocular pressure. This procedure is painless.**

### STEP 3

**Once the pupils are dilated, the technician will take photographs of the retina. Dilated pupils provide the best view of the retina for the photography**